



# Dutchess County 4-H January Opportunities



## OPPORTUNITIES FOR 4-H'ers, CLUBS & COMMUNITIES!

We encourage all youth to take advantage of these phenomenal opportunities offered to 4-H members. If you see an event you would be interested in attending, please let the [office](#) know so we can get a group together and facilitate the planning process!

---

### National Youth Summit Series

Empower young leaders to advance their skills and leadership potential at our National Youth Summits. 4-H'ers in grades 9-12 can pursue their interests in Healthy Living or Photography and interact with peers from around the country at the National 4-H Conference Center. Learn more [HERE](#).

Healthy Living Summit: February 13-16

Photography Summit: February 26 - March 1

---

### March Dog Madness

An annual conference for adult and teenage 4-H volunteer leaders. Workshops engage participants in science based information training. Current animal health, animal behavior, industry trends and youth development issues are addressed. This event will be held in **Orange County on March 22nd**. For more information [CLICK HERE!](#)

---

### 2020 NY Youth Institute's Global Challenge



THE WORLD FOOD PRIZE NEW YORK YOUTH INSTITUTE  
MARCH 27, 2020 AT CORNELL UNIVERSITY



BE A  
HUNGER  
HERO

REGISTER AND SUBMIT YOUR  
PAPER BY FEBRUARY 28, 2020

QUALIFY FOR  
INTERNSHIPS

GAIN  
PROFESSIONAL  
EXPERIENCE

RESEARCH  
A GLOBAL  
CHALLENGE

PROPOSE  
YOUR  
SOLUTION

TAKE ACTION  
IN YOUR  
COMMUNITY

BUILD  
LEADERSHIP  
SKILLS

Cornell  
CALs

College of Agriculture  
and Life Sciences



THE WORLD  
FOOD PRIZE

CONTACT

FRANCINE JASPER  
Phone: 607-255-1907  
E-mail: FJ10@CORNELL.EDU

[www.worldfoodprize.org/newyork](http://www.worldfoodprize.org/newyork)

The New York Youth Institute is a life-changing experience at Cornell University where high school students engage with local leaders and experts on critical global challenges, participate in hands-on activities, and explore exciting ways to make a difference in New York and around the world.

Students research issues they care about, and propose their ideas to solve these grand challenges.

The New York Youth Institute is hosted by Cornell University with the generous support College of Agriculture and Life Sciences, CALS International Programs, the New York FFA, and New York 4-H. [Learn More Here.](#)

## TUFTS Adventures in Veterinary Medicine Program



Cummings School  
of Veterinary Medicine

Are you or do you know an aspiring veterinarian? [Adventures in Veterinary Medicine](#) (AVM) is a fun and engaging career exploration program for middle and high school students who are interested in pursuing a veterinary career. We invite 4-H youth to apply to AVM and discover if this exciting career is right for them!

AVM attendees will explore the wide variety of opportunities available within veterinary medicine and see first-hand what attending veterinary school is really like. Sessions include lectures by Tufts faculty

and vet students, interesting laboratories, demonstrations, and hands-on activities with animals.

Applications for summer 2020 are now available! For more information about the program, including dates, eligibility, and tuition, please [visit the AVM website](#) or contact [AVM@tufts.edu](mailto:AVM@tufts.edu).

---

## STARR 2020

On **April 24 - 26**, the [State Teen Action Representative Retreat \(STARR\)](#) is a three-day, fun-filled event where 4-H teens participate in a variety of workshops and activities meant to challenge, excite and further develop life skill.

---

## Animal Crackers 2020

The annual [Animal Crackers program](#) on **Saturday May 2nd** provides New York youth with fun, hands-on, science-oriented learning experiences on Animal Science topics. This workshop is for 4-H members interested in learning more about their favorite livestock, companion or pet animal species. Participants will learn about different aspects of animal care, interact and exchange information with faculty, staff, student, professional producers, industry experts, and more, utilizing the unique facilities of Cornell University.

---

## 4-H Capital Days

[4-H Capital Days](#) is a NYSACCE4-HE sponsored event that gives youth an opportunity to meet and interact with legislators and tell their 4-H story. 4-H Capital Days creates awareness of career opportunities in NYS government, better understand state government, and network with delegates from other counties.

---

## Career Explorations

Nearly 500 4-H youth and chaperones attend the action-packed, three-day [Career Explorations](#) event to immerse themselves in exploring their future education, career opportunities, and to experience Cornell University and campus life! Cornell faculty and graduate students conduct engaged-learning workshops in two age-specific tracks:

1. Focus for Teens programs for youth entering grades 10-12
2. University U programs for youth entering grades 8-9

On **June 30 - July 2** over 20 programs are offered to help youth understand what a particular career field entails, what type of education they would need to pursue, and to learn from the experiences of the program facilitators.

---

## 2020 International Exchange Program Seeking Host Families



## LOOKING FOR HOST FAMILIES!

Experience the richness of the world without leaving home! NYS 4-H sponsors Japanese Youth ages 12-17 for one month between July-August. These eager Japanese youth want to experience American culture, make new friends and improve their English by staying with your family.

### FOR MORE INFORMATION

Email NYS IE Coordinator **Autumn Lavine**  
[aml84@cornell.edu](mailto:aml84@cornell.edu) or visit  
[nys4-h.org/international-exchange](http://nys4-h.org/international-exchange)



NYS is excited to again be hosting 18 Japanese delegates and 2 chaperones this summer! For more information about the program you may visit [NYS 4-H Website](#) or the [States' 4-H Website](#) or contact [Autumn Lavine](#).



## Kids can Test Drive Social Media Safely with New Simulations

Social Media [TestDrive](#) is an interactive educational platform created by partners of ACT for Youth in Cornell University's Social Media Lab in collaboration with Common Sense Education. TestDrive lets young people learn and practice digital citizenship skills through a social media stimulation. Like a driving simulator for young people learning to drive a car for the first time, TestDrive provides a simulated experience of realistic digital dilemmas and scenarios that young people may encounter as they enter the social media world. Each TestDrive module is designed to teach a specific social media skill, such as managing privacy settings, smart self-presentation, upstanding to cyberbullying, and news literacy.

## Blue Seal Discount

Blue Seal in Fishkill offers a 4-H/FFA Member Discount of 10% off all supplies and feed for registered animals/projects. Please fill out [this form](#) and return it to Blue Seal!



*4-H is the youth development education program of the Cooperative Extension Service. In New York, 4-H is a part of Cornell Cooperative Extension. This includes a wide array of delivery modes, ways of learning, project and topic areas, and local adaptations. It also includes Extension youth development programs facilitated by Nutrition, Agriculture, Natural Resources, Community Development or any other CCE professional. By definition all Extension youth development programs facilitated by an Extension professional or volunteer are 4-H programs.*