



## 2024 Flourishing Farmers Farm Information

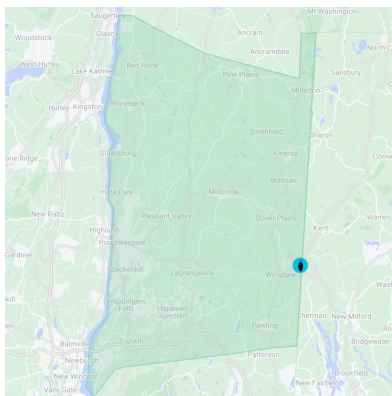
Cornell Cooperative Extension | Dutchess County

### HARLEM VALLEY HOMESTEAD

Harlem Valley Homestead seeks to deepen our connections to place, to each other, and to ourselves by bringing people together on a beautiful working farm to share work, food, and learning. These interactions help us learn how to live a life connected with land, with each other, and with ourselves. They remind us that we are all a part of something bigger, and that we have a responsibility to treat the land, each other and ourselves with dignity and love.

We raise pastured laying hens, woodlot pigs, 100% grass fed beef cattle, vegetables, honeybees and cut flowers on 250 acres of diversified gardens, pastures and woodlots. We sell produce, flowers, meat, eggs and jam and honey through our farmstand, to local wholesale partners and year-round at the Hastings Farmers Market.

Students will have an opportunity to get their hands dirty learning about the farm, and participating in fun and engaging activities. These will include painting terracotta pots for tomato plants, seeding/propagation tasks in the greenhouse, collecting eggs, harvesting seasonal vegetables, visiting baby calves, making tulip bouquets, and more!



147 Old Forge Road Wingdale, NY 12594

## Program Requirements:

- Students will attend at least seven out of the ten sessions.
- Caregivers must stay with students on site for the entirety of the program.
- Students must be available to attend the Dutchess County Fair the morning of Thursday, August 22nd.
- Students will treat the farms they visit, the animals they meet, and the tools they are given with respect.
- Students (with the assistance of their caretakers) will keep some sort of journal/book/photo collection to keep records and document experiences.
- Students will attend the Dutchess County Fair on Thursday the 22nd and, if desired, participate in a brief showcase of their progress over the course of activities. This could be a brief explanation detailing care of their animal, facts about their animal, a grooming demonstration, etc.



*Pictured: Harlem Valley Homestead's picturesque farm property.*

This program will run the following Mondays from 3pm-4:30pm:

3/13/24 | 3/27/24 | 4/10/24 | 4/24/24 | 5/8/24 | 5/22/24 | 6/5/24 | 6/26/24 | 7/10/24 | 8/14/24 | 9/18/2023

Plus, the Dutchess County Fair on the morning of Thursday, August 22nd

## Want to Participate?

Contact 4-H Program Coordinator, Savanna Burke by phone at 845-874-2388 or by email at [swb93@cornell.edu](mailto:swb93@cornell.edu)

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